

Faith Talk – Positive Confessions of Faith

Transform your mind by speaking the word and confessions of faith into your mind daily ...

Continue speaking it until your faith is built up and you will keep your healing despite continuing attacks. Remember: confession is testifying to something you know to be true. Line up your confession of faith with what the Bible says.

SPEAK THE WORD:

Isaiah 53:4a

He took up our infirmities and carried our sorrows.

Matthew 8:17

Surely he took up our infirmities and carried our diseases.

CONFESSION OF FAITH:

Since God took my sicknesses and pains, surely I don't need to carry them. Jesus took them along with my sins and bore them for me on the cross.

SPEAK THE WORD:

1 Peter 2:24

*He himself bore our sins in his body on the tree, so that we might die to sins, and live for righteousness; by his wounds,
you have been healed.*

CONFESSION OF FAITH:

Now I live for righteousness and I am dead to sins. Not I will be healed or I *might* be healed, but I was already healed when Christ was on the cross.

SPEAK THE WORD:

2 Corinthians 5:7 (KJV)

We walk by faith not by sight.

CONFESSION OF FAITH:

God's Word is just as true when Satan tries to put sickness on me as when I feel great. I walk not only by faith, but in hope! I pay no attention to the symptoms my eyes see or my body feels. I choose to believe God and his Word. I am healed in Jesus' name.

SPEAK THE WORD:

Ephesians 1:3

Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.

CONFESSION OF FAITH:

God has already done it, given us the blessings. God has already healed me, provided for me, because his Word says so.

SPEAK THE WORD:**Psalm 23:1**

The Lord is my shepherd, I shall not be in want.

Philippians 4:19

My God shall supply all your need according to his riches in glory in Christ Jesus.

CONFESSION OF FAITH:

I believe God. My God supplies all my need according to his riches in glory in Christ Jesus. I have everything I need. Satan, I don't believe your lies. If I really needed it, the Word says I have it and God supplies it! And I don't just have it, but I have all of it. It isn't "just barely enough," it is "according to his riches in glory". Thank you, Jesus, it's enough for me.

SPEAK THE WORD:**2 Corinthians 10:5b**

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

CONFESSION OF FAITH:

Satan attacks my mind with deceit, doubt and confusion and I wield my God-given spiritual weapons to demolish his arguments. I am healed and I take every thought to the contrary captive to make it obedient to Christ. I demolish every pretension of the world, the flesh or the devil that sets itself up against the knowledge of God in His Word.

SPEAK THE WORD:**Galatians 2:20**

I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

CONFESSION OF FAITH:

I live by faith, not fear or doubt. I am one with Christ who loves me and died for me.

SPEAK THE WORD:**1 John 4:4b**

The one who is in you is greater than the one who is in the world.

Romans 8:1

Therefore, there is now no condemnation for those who are in Christ Jesus.

CONFESSION OF FAITH:

I am in Christ Jesus right now. No condemnation can stand against me. I cast out all guilt or shame.

SPEAK THE WORD:

Mark 11:24

Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.

CONFESSION OF FAITH:

I believe that those things which I say and do not doubt will come to pass and I shall have what I say.

SPEAK THE WORD:

2 Corinthians 1:20a

For no matter how many promises God has made, they are "Yes" in Christ.

CONFESSION OF FAITH:

I believe that I have faith, blessings, health, provision for my needs, wisdom, and spiritual gifts.
I am content, resting in God's promises.

SPEAK THE WORD:

Romans 8:37

No, in all these things we are more than conquerors through him who loved us.

CONFESSION OF FAITH:

There is no failure for me when I am in Christ Jesus. I am the victor and conqueror in Christ.

SPEAK THE WORD:

2 Corinthians 5:17

Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!

CONFESSION OF FAITH:

I am a new creation. What I was and how I thought and behaved in the past are gone and I am now brand new in Christ.

SPEAK THE WORD:

1 Corinthians 6:19

Do you not know your body is a temple of the Holy Spirit, who is in you, whom you have received from God?

CONFESSION OF FAITH:

My body is a temple of the Holy Spirit. There is no room for anything that is not holy, not of God, in it.
I refuse to give place to illness or disease.

SPEAK THE WORD:**Galatians 3:13a**

Christ redeemed us from the curse of the law by becoming a curse for us.

CONFESSION OF FAITH:

In **Deuteronomy 28:16-44** the curse of the law is explained in detail, including every sickness and disease, poverty, defeat by my enemies, and death. But praise God! I am redeemed from the curse of the law.

SPEAK THE WORD:**Hebrews 9:15**

For this reason Christ is the mediator of a new covenant, that those who are called may receive the promised eternal inheritance—now that he has died as a ransom to set them free from the sins committed under the first covenant.

Hebrews 10:9b

He sets aside the first to establish the second.

CONFESSION OF FAITH:

I have a new and better covenant and am no longer a slave to the law of sin and death.

SPEAK THE WORD:**Ephesians 1:7a**

In him we have redemption through his blood.

CONFESSION OF FAITH:

I'm not *going to* have redemption, not *trying to* have redemption, but I HAVE redemption NOW!

SPEAK THE WORD:**Acts 17:28a**

For in him we live and move and have our being.

CONFESSION OF FAITH:

My very life is in him.

SPEAK THE WORD:**Colossians 1:13**

For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves.

Romans 8:31b

If God is for us, who can be against us?

CONFESSION OF FAITH:

I have been delivered from the power of darkness into the very kingdom of God. The Almighty God is for me. Nothing will stand against me.

SPEAK THE WORD:**2 Timothy 1:7**

For God did not give us a spirit of timidity, but a spirit of power, of love and of self discipline.

CONFESSION OF FAITH:

I have the spirit of power, love and self discipline in me. I do not hold back, but walk confidently.

SPEAK THE WORD:**James 4:7b**

Resist the devil, and he will flee from you.

CONFESSION OF FAITH:

I resist you, devil, and you must flee from me. I don't ignore you, but actively rebuke you in Jesus' name.

SPEAK THE WORD:**Isaiah 41:10**

So do not fear for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

CONFESSION OF FAITH:

I am not afraid. God's hand is active in my life. He strengthens me and helps me to stand.

SPEAK THE WORD:**1 Peter 5:7**

Cast all your anxiety on him because he cares for you.

CONFESSION OF FAITH:

I cast all my worries and cares on him, knowing he cares for me because I cast them off, they do not weigh me down.

SPEAK THE WORD:**Psalms 46:1**

God is our refuge and strength, an ever-present help in trouble.

CONFESSION OF FAITH:

No matter the circumstances, God is always strengthening and protecting me. I run to him when I'm in trouble.

SPEAK THE WORD:**Isaiah 43:25**

I, even I, am he who blots out your transgressions, for my own sake, and remembers your sins no more.

Isaiah 57:18-19

I have seen his ways, but I will heal him; I will guide him and restore comfort to him, creating praise on the lips of the mourners in Israel. Peace, peace, to those far and near, says the LORD. "And I will heal them."

CONFESSION OF FAITH:

God has seen my ways; but he will heal me, no matter what my sins have been, he restores me. How can I not praise him?

SPEAK THE WORD:**Joshua 1:5b**

I will never leave you nor forsake you.

CONFESSION OF FAITH:

He is my helper, standing by me in every circumstance. There is nothing I can do that will chase him away.

SPEAK THE WORD:**Psalms 119:89 (KJV)**

Forever, O Lord, thy word is settled in heaven.

CONFESSION OF FAITH:

God's Word is true regardless of my feelings or my circumstances.

SPEAK THE WORD:**Romans 4:17b**

The God who gives life to the dead and calls things that are not as though they were.

Confession of faith:

My faith is not in what my senses see and hear. My faith is in God.

I am strong in faith, giving glory to God. I am fully persuaded that what God has promised, he is able to deliver. I don't consider my own body, but I think on God in his glory, the author and finisher of my faith, and on Jesus, the high priest who took my infirmities and bore my illnesses. I fix my eyes on Christ.

I do not consider and see the wrong thing. I consider who God is and what his book says. I don't deny pain. I just acknowledge that Satan sends it, but I continue to think on Jesus, my intercessor and high priest. I think on what he's done and is doing for me, and I praise and thank him, holding fast to my confession of faith.

Jesus died for me, not for himself. He bore my sin, not his own sin. He bore my sicknesses and diseases, not his own, he died and arose for me. He ascended into heaven to speak for me. He's up there now saying what he did for me, so Satan, leave me. I resist you in Jesus name.

Jesus did it for me on the cross and he will do it in me. He redeemed me and when I abide in him I have full redemption of life, health, strength, soundness, comfort, purity, holiness, peace and joy. The old things (disease, weakness, doubt, lack, pain, sorrow, depression, sadness) are passed away for I am a new creature in Christ. I take hold of God's strength to live a holy life, pleasing to God.

SPEAK THE WORD:**2 Corinthians 12:9a**

“My grace is sufficient for you, for my power is made perfect in weakness.”

2 Corinthians 12:10

For when I am weak, then I am strong.

CONFESSION OF FAITH:

That is why for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. God’s strength is made perfect in my weakness. I gladly forsake all of myself in exchange for all of Christ.

Take Note: Paul does not say, sickness, pain, or disease. Rather, he names other external afflictions that come against Christians.

SPEAK THE WORD:**Philippians 4:19a**

And my God will meet all your needs.

This applies not only to the need for healing, but to the need for strength.

CONFESSION OF FAITH:

I honor and glorify God in my body and do not remain weak or sick, but I am in God’s image, strong in his strength.

SPEAK THE WORD:**Joel 3:10 (KJV)**

Let the weak say, I am strong!

CONFESSION OF FAITH:

So then I also say I am strong, not I shall be strong, but I am strong! The Bible says that it isn’t the strong who say, but the weak who say. The Bible says “say it,” not “think” it, so I say and believe and act upon it.

SPEAK THE WORD:**Isaiah 40:31a (KJV)**

“But they that wait upon the LORD shall renew their strength.

Philippians 4:13 (KJV)

I can do evrything through Christ which strengtheneth me.

CONFESSION OF FAITH:

I do what seems impossible in the strength God gives me.

SPEAK THE WORD:**Ephesians 1:18-20a**

I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints, and his incomparably great power for us who believe. That power is like the working of his mighty strength which he exerted in Christ when he raised him from the dead.

CONFESSION OF FAITH:

God works in me with the same mighty power he worked in Jesus when I believe him.

SPEAK THE WORD:**Revelation 12:11a**

They overcame him (Satan) by the blood of the Lamb and by the word of their testimony.

CONFESSION OF FAITH:

I overcome Satan by the blood of the Lamb and the word of my testimony. I hold fast, believing God's remedy always accomplishes what he says, the name of Jesus always overcomes Satan.

SPEAK THE WORD:**1 Peter 5:8-9a**

Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith.

2 Timothy 4:18a

The Lord will rescue me from every evil attack.

CONFESSION OF FAITH:

I watch vigilantly for Satan never stops looking for opportunities to devour us. I overcome Satan, rousing myself to greater intensity in the things of God. Never in this life do I get to a place where Satan cannot attack me, but God is not willing that I be overcome even once.

SPEAK THE WORD:**1 Thessalonians 5:16**

Be joyful always.

1 Thessalonians 5:18

Give thanks in all circumstances, for this is God's will for you in Christ Jesus.

CONFESSION OF FAITH:

I rejoice at all times, as it is the will of God. I am thankful in all things. I praise God in faith, even before I receive the blessings from him. Even when I am despised, rejected, see no way out, without friends to trust, and when my labor appears wasted, I praise God and give thanks.

SPEAK THE WORD:**Nehemiah 8:10b**

The joy of the LORD is your strength.

Habakkuk 3:17-18

Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails, and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, yet I will rejoice in the Lord, I will be joyful in God my Savior.

CONFESSION OF FAITH:

As I rejoice and praise him, God replaces sorrow with joy. My joy attracts others to God. God meets me when I rejoice. I rejoice in Christ and not in “things or circumstances.”

SPEAK THE WORD:**1 Thessalonians 5:17**

Pray continually.

I pray without ceasing. I ask, “Lord, how can I please You? How shall I do this to bring honor and glory to your name? Enable me to honor You.” I talk to God unceasingly in every step I take.

SPEAK THE WORD:**Proverbs 3:6**

In all your ways acknowledge him, and he will make your paths straight.

CONFESSION OF FAITH:

I acknowledge God in all my ways and he makes my paths straight. I thank him in everything; in blessings, answered prayer, for his presence, joy, peace, strength, healings AND in disappointments, hardships, privations, sufferings, lessons, losses, crosses, attacks of the enemy, desertions, neglects, misrepresentations, because they are the instruments God uses to conform me to the exact image of his son, when I receive them with thanksgiving instead of begging God to take them away. I overcome in Jesus’ name with a thankful heart and reign in life. Notice the list does not include sickness or disease for Christ gives us authority over that kind of attack.

SPEAK THE WORD:**Romans 5:17**

For if, by the trespass of the one man, death reigned through that one man, how much more will those who receive God’s abundant provision of grace and of the gift of righteousness reign in life through the one man Jesus Christ.

CONFESSION OF FAITH:

I am a victor in Christ Jesus. By His death I reign through His grace and His righteousness.

SPEAK THE WORD:**2 Timothy 2:3**

Endure hardship with us like a good soldier of Christ Jesus.

1 Peter 5:10

And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast.

CONFESSION OF FAITH:

When I do my best for God and for people and walk in his word, I endure quietly when people find fault, criticize, judge, condemn and represent my work as evil. This is the same as was done to Jesus. I remain sweet, gentle, meek, and lowly, with never a word against them, never a look or a feeling. I bear with longsuffering and joyfulness that

I am counted worthy to suffer for Christ. I work on, as Paul did, and endure. In due season, I shall reap.

SPEAK THE WORD:

Hebrews 10:19 *Jesus says, his blood gives us access to enter the Holy of Holies with confidence. There we are shut away from evil to praise and worship our Lord. The blood shuts out the clamor of voices that keeps us away from God. Satan has no claim on me for I am covered by the power of the blood of Jesus.*

CONFESSION OF FAITH:

I do not murmur, talk nor change my purpose. I endure to the end, persevering in all things, in joy and thanksgiving. Jesus Christ and the Holy Spirit are interceding for me. I am made nigh (close) by the blood. How blessed I am to be drawn near to God in these days. The blood gives me access to his face, and I see his love and willingness to give what he has promised. I ask God in boldness for favor with people and access to their hearts. Not through self effort, but through the blood we are made perfect to God in every good work.

SPEAK THE WORD:

Ephesians 2:16 and **Colossians 1:20** say that all things are reconciled by the power of the blood. When the enemy comes, we overcome Satan by the word of our testimony and the power of the blood according to **Revelation 12:11a**

CONFESSION OF FAITH:

Whenever and in whatever way the enemy comes, he is overcome by the word of our testimony and the power of the blood.

SPEAK THE WORD:**1 Peter 4:12**

Dear friends, do not be surprised at the painful trial you are suffering, as though something strange were happening to you.

1 John 4:4b (KJV)

Greater is he that is in you than he that is in the world.

CONFESSION OF FAITH:

The trial in illness is often that the symptoms remain for a while. I am not surprised when my faith undergoes trials. My own mouth gives testimony to what I believe and hastens the victory. I say that anger, unforgiveness, worry, confusion, pain, disease, doubt or any evil have no place in me. I will not have them. I refuse to accept them, recognize them or own them, I am delivered regardless of how it looks or feels. I praise God for what he's done already on the cross.

SPEAK THE WORD:**Galatians 6:9**

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.

CONFESSION OF FAITH:

I stir myself up to put away doubt, confusion, half-heartedness, lukewarmness, waverings, and unbelief and I take hold of God's heart, his word and his promises.

SPEAK THE WORD:**Revelation 3:11b**

Hold on to what you have.

CONFESSION OF FAITH:

Satan tries to take away what I have been given by bringing in doubt and getting me to take my eyes off Jesus and see only the wind as Peter did, but I rebuke him and stand firm.

SPEAK THE WORD:**John 11:40**

(Then Jesus said) *"Did I not tell you that if you believed, you would see the glory of God?"*

Genesis 28:15

"I will not leave you until I have done that which I have promised you."

Mark 16:20b

And the Lord worked with them and confirmed his word by the signs that accompanied it.

Confession of faith:

I believe. I do not "feel" my faith. I act it. God confirms it with signs when I act on what I really believe.

SPEAK THE WORD:

According to Colossians 1:13, 3:1 and Ephesians 1:21

CONFESSION OF FAITH:

I have the authority over Satan, delegated to me from Jesus. I have been seated with Christ high above the principalities and powers of Satan. My feelings and fears do not negate the power and authority God gave me through Christ Jesus. I have already been delivered into the kingdom of God's dear Son, giving me the right

and authority and the delegated power to banish Satan.

SPEAK THE WORD:**Mark 16:18c**

They will place their hands on sick people, and they will get well.

CONFESSION OF FAITH:

When I lay my hands on the sick, they will recover. I exercise my authority over Satan. According to the Word that authority is mine whether I feel like I've got it or not. Whether or not I exercise my authority is also up to me. I choose to exercise authority over Satan in Jesus' name, and people will be healed.

SPEAK THE WORD:**Ephesians 4:27**

And do not give the devil a foothold.

Psalm 34:19 (KJV)

Many are the afflictions of the righteous: But the LORD delivereth him out of them all.

CONFESSION OF FAITH:

Satan cannot take a place I don't give him. Satan is running the world system, but I am not of the world. God has through Christ reconciled me to him, brought me from hatred to friendship. I am reconciled to him, not He to me. I defeat Satan because I have a foundation in God's Word. I act on it in faith by the Holy Spirit and I remain steadfast thanking God for Christ's victory. I wait patiently and expectantly, for what God has promised as already done. God's ways are not the world's ways. His ways are higher, exceedingly beyond anything I can hope or imagine. The Lord delivers me out of all my afflictions, not just some of them.

Summary

Faith brings the unseen into being and makes the unfelt things real to the senses. It pleases God when I look only at his Word. It pleases him when I base my faith on his promise. Faith sees sickness as part of the curse of the Law. Faith sees the power of sickness as abolished at Calvary. Faith commands in Jesus' name and stands in quiet assurance that what the Bible says will come to pass. When symptoms of sickness still linger, faith declares it is done because God's Word says so. Satan lies and says God never did it, that he never will do it. Satan is the father of lies. Jesus came to bring abundant life. When doubts come, they must be cast off and the Word of God repeated to keep standing in faith. Leave the results, the timing and the methods to God, knowing that according to his Word, it shall come to pass.

Notes:

- ♦ The confessions above are based partly on the writings of Ken Hagin and C. Nuzum.
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